



Virginia Green Hotels & Lodging Facilities



Suburban Extended Stay Hotel - Quantico - Stafford Stafford, VA



Virginia Green is the Commonwealth of Virginia's campaign to promote environmentally-friendly practices in all aspects of Virginia's tourism industry. **Virginia Green** has established "core activities" specific to each sector of tourism, and these practices are considered the required minimum for participation in the program. However, **Virginia Green** encourages its participants to reduce their environmental impacts in all aspects of their operations, and this profile provides a full list of all their "green" activities. These are the activities that guests / customers can expect to find when they visit this facility.

Suburban Extended Stay Hotel - Quantico - Stafford

Get ready to move in to the Suburban Extended Stay® Hotel Quantico – built for real life. Located in Stafford, Virginia, the hotel is on a wooded site near the Quantico Marine Corps Base and FBI Academy.

The Suburban Extended Stay of Stafford Virginia decided to be green friendly because it is not only good for the environment, but good for our business's bottom line, because conserving resources and cutting down on waste saves money and the earth.

Storm Water Management System with Biofilters, Energy Management System to recover heat from guest rooms and bathrooms, Energy Management Thermostats to reduce the amount of heat and air conditioning used, Green Fitness Equipment, Compact Fluorescents in most fixtures, High Efficiency Gas Hot water heaters, EGlass Windows

Virginia Green Activities

This facility pledges that they:

Offer optional linen service

- Have signage in each guest room explaining the linen reuse procedures
- Train housekeeping staff on our process for optional linen service
- Purchase water- and energy-efficient washers and dryers
- Use non-phosphate, non-toxic and biodegradable laundry detergents
- Minimize the use of bleach and chlorinated chemicals

Recycle

- Have in place clearly marked recycling bins or provide convenient drop-off locations for guests to recycle:

- Glass Bottles
- Aluminum cans
- Office paper

Other items recycled by the facility:

Reduce solid waste

- Instruct housekeeping staff to save and reuse unopened items
- Reuse scrap paper for notes
- Use electronic correspondence and forms when possible
- Perform preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles

Use water efficiently

- Perform preventative maintenance to stop drips and leaks
- Have installed high efficiency dishwashers
- Have installed low flow faucets and showerheads (use less than 2.5 gallons per minute)
- Have installed low flow toilets (use 1.6 gallons per flush or less)
- Have installed automatic faucets or toilets in public restrooms
- Have minimized our lawn area
- Have installed rain gardens to manage storm water
- Have installed pervious pavement to reduce storm water runoff

Conserve energy

- Have individual thermostats for each room; ensure they are correctly adjusted
- Have installed ENERGY STAR-rated windows and doors
- Regularly perform preventative maintenance on HVAC system
- Have installed a high efficiency HVAC system
- Keep office doors and windows closed if HVAC system is on
- Use natural lighting (i.e., open draperies and raise shades whenever adequate light from windows is available)
- Have adopted a policy/practice to turn off lights in unoccupied rooms
- Have installed high efficiency fluorescent ballasts and lamps (T-5 and T-8)
- Use ENERGY STAR qualified appliances (commercial kitchens, heating and cooling, consumer electronics)

Offer a green events package

- We do not host conferences or events
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For more information on **Suburban Extended Stay Hotel - Quantico - Stafford**, see www.SuburbanHotels.com/hotel-Stafford-Virginia-VA641 or contact Adam Jackson at GM.VA641@choicehotels.com or 540-288-9051.

For more information on the Virginia Green program,
see www.deq.state.va.us/Programs/PollutionPrevention/VirginiaGreen.aspx.



Virginia Green is a partnership supported by the Virginia Department of Environmental Quality, the Virginia Hospitality & Tourism Association, and the Virginia Tourism Corporation.

